

Trauma Informed Advocates in Action

Last month, Claudette Haner and Denise Bean had the distinct honor of being invited to attend SAMHSA's first leadership meeting of all 66 CCBHC's in the eight demonstration states. The women traveled to Maryland on July 30th to present on the topic of Care Coordination, one of the six principles associated with CCBHC's. Their presentation focused on the integration of physical health and behavioral health, specifically in terms of preventative care and linking individuals to physical health care providers. Thank you for representing The Guidance Center, Claudette and Denise!



Pictured with Denise and Claudette is Ellen DiDomenico, Dept. Secretary of Drug and Alcohol Programs and Pennsylvania's Lead for CCBHC Implementation

TMS ARRIVES AT TGC!

The Guidance Center is excited to provide an alternative method for the treatment of Major Depressive Disorder in adult patients who have failed to receive satisfactory improvement from prior antidepressant medication usage. The NeuroSTAR TMS (Transcranial Magnetic Stimulation) Therapy System is now available upon the prescription of a licensed psychiatrist to those who meet qualifying standards.

Dr. Halbauer has been trained and approved to provide this treatment at our main campus in Bradford. According to Dr. Halbauer, "The TMS machine utilizes magnetic pulses that we can strategically direct to those parts of the brain involved in mood regulation. By so doing, we can improve blood circulation, stimulate the uptake of glucose and affect the releases of chemical messengers thus improving mood - much like a massage, but to the brain." Side effects are minimal and may involve some scalp tenderness but no loss of memory as is seen with older modalities. The client remains alert and awake during (continued on page 2)



PROGRAM SPOTLIGHT:

BLENDED CASE MANAGEMENT

Chances are, you've heard of this service but you may not fully understand what our team of Blended Case Managers offer clients. Essentially, Case Management serves as a critical link between a client and resources in the community. Case Management provides assistance to individuals who have been diagnosed with serious mental illness to identify and access community resources, care coordination, and assistance in resolving daily living problems. Services are delivered both in the home of the client, as well as in the community. Case Management is a holistic approach to client wellness, helping to coordinate all aspects of care, including mental health, physical health, community engagement, transportation, employment, and self-advocacy. Case Managers are a vital part of our team and we are fortunate to be able to offer our clients this service! If you would like more information about Blended Case Management, contact Jayne Peterson.

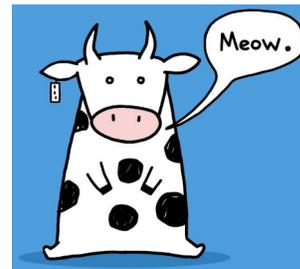


You cannot *drink*
from an empty cup.

FILL YOURSELF UP. YOU'RE WORTH IT.

WE'RE HAVING AN IDENTITY CRISIS!

This is the second issue of our trauma-informed newsletter and we still don't have a proper title. Do you have a suggestion? We'd love to hear it! Submit your suggestion to cchahal@guidancecenter.net by Sept.



17th and the Trauma-Informed Committee will vote on a title at our September meeting.

(TMS con't) treatment. This procedure is performed completely on an outpatient basis without any sedation and patients can return to work immediately following the treatment." In many published research studies, targeted stimulation has proven to produce antidepressant effects. "With so many patients not responding to typical anti-depressant medications, I wanted to have an alternative form of treatment, said Dr. Halbauer. To learn more about this exciting addition to our services, talk to your supervisor or Dr. Halbauer.