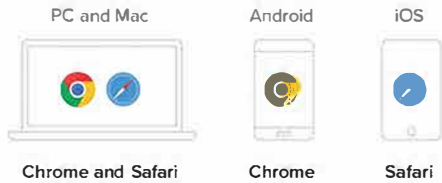




The Guidance Center

5 Steps to Check In for Your Video Visit

1 Select Device
Use a computer or device with a camera and microphone.



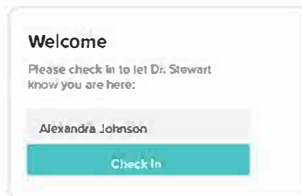
2 Go to Provider's Room
Enter The Guidance Center web address into the browser.



Click **Telehealth Check-In** (top right hand corner of the page) then choose either **Psychiatric Telehealth Appointment** or **Outpatient Counseling Telehealth Appointment**. Select your provider from the list & click 'enter waiting room'.

Please note: You may need to click on the three bars (☰) to find the **TELEHEALTH CHECK-IN** link

3 Check In
Type in your name and click **Check In**.



- ✓ Secure
- ✓ No software to download
- ✓ No registration needed

4 Enable Webcam and Microphone
Allow your browser to use your webcam and microphone.



Doxy.me is encrypted and HIPAA compliant

5 You're In!
Wait for your provider to start the call.

Tips for a Great Call

- Restart your device before your visit.
- Connect to the internet with an Ethernet cable or strong WiFi signal.
- Ensure your browser is updated to the most recent version.
- Try disconnecting other devices from the WiFi you're using.
- Be in a private area where you will not be interrupted.
- Click **Pre-call Test** in the waiting room to make sure your system is ready for the call.

Need Help?

If you need more assistance, don't hesitate to contact us!

Call
The Guidance Center at
(814-362-6535)